



**INFORMING  
FUTURES**

1625 Independent People

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## Models of Reflective Practice

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This resource is part of the Informing Futures toolkit, a free online resource for practitioners seeking to understand and support care and custody experienced young people.

For more information or queries on any of the topics covered in this toolkit, or to find out about training and consultancy we can offer please contact [enquiries@1625ip.co.uk](mailto:enquiries@1625ip.co.uk).

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# Reflective Practice - Models

	Benefits	Challenges
<b>Team Reflective Practice</b>	Shared understanding of the work supports meaningful reflection. Learnings can be quickly adopted	Team dynamics can affect willingness to participate, and staff may find it hard to step outside the hierarchy of their roles.
<b>Organisational Reflective Practice</b>	Disseminates experience and learning across teams. Builds staff understanding of the wider work of the organisation. Builds a sense of shared vision amongst staff.	Learning can be harder to capture and changes may take time to implement. Logistical challenges of managing attendance and booking rooms may increase.
<b>Multi Agency Reflective Practice</b>	Builds understanding of the culture and remits of different agencies. Can lead to more effective inter agency communication, more appropriate referrals, more useful collaborations.	Differences in organisational culture can make it difficult to capture and absorb learning at an organisational level. Organisational buy in may differ and this can impact on the logistics of managing attendance. Location can be a barrier to staff attending groups